WHAT BENEFITS CAN OFW MEMBERS AND THEIR DEPENDENTS AVAIL FROM PHILHEALTH?

For OFW members and their dependents in the Philippines:

- **Inpatient Benefits** (hospital confinement of at least 24 hours for cases requiring admission or surgery)
- **Outpatient Benefits** (Day Surgery, Radiotherapy, Hemodialysis, and Outpatient Blood Transfusion)
- **PhilHealth YAKAP** (Primary Care Benefits — free primary care check-ups, consultations and referrals, laboratory tests, and cancer screening tests as recommended by a doctor)
- **Z Benefit Package** (Kidney Transplantation, Breast Cancer, etc.)
- **Sustainable Development Goals (SDG) Related Benefits** (Outpatient HIV/AIDS Package, TB DOTS, Animal Bite Treatment Package, etc.)
- **Outpatient Emergency Care Benefit Package** (more or less than 24 hours in the emergency room or life-threatening emergency)
- **Other PhilHealth benefits**

For OFW members abroad:

- Inpatient Benefits
- Outpatient Benefits

HOW TO AVAIL PHILHEALTH BENEFITS

For Hospital Confinements in the Philippines (Member or Qualified Dependents)

Present any valid ID at the hospital's Billing Section to verify your membership record through the **PhilHealth Portal**.

For Hospital Confinements Abroad, submit the following documents:

- Medical abstract or a copy of the medical certificate indicating the final diagnosis, period of confinement, and services rendered (in English) and copy of operative record, if surgery was performed (in English).
- Invoice or Official Receipt(s) of hospital or physician payments.
- Statement of Account or Billing Statement (in English).
- Duly accomplished PhilHealth Claim Form 1, downloadable from **www.philhealth.gov.ph.**

Important Reminders for Confinements Abroad

- Submit the claim and all supporting document to any PhilHealth Office within 180 days from the patient's discharge date.
- Scanned copies of the required documents may also be submitted via email to **ofp@philhealth.gov.ph**.
- Documents submitted via email must be marked "**Certified True Copy**", and signed by the member on every page.

REGISTRATION PROCEDURES

Submit the required documents to any PhilHealth office or manning agency:

For Land-based OFWs:

a. Duly accomplished PhilHealth Member Registration Form (PMRF), downloadable from www.philhealth.gov.ph
b. Copy of a valid ID and supporting documents for the declared dependent
c. Copy of the latest Overseas Employment Certificate (OEC)/Job Order/Employment Contract or other document PhilHealth may deem acceptable

For Sea-based OFWs:

a. Duly accomplished PhilHealth Member Registration Form (PMRF), downloadable from www.philhealth.gov.ph
b. Report of Employee Members (ER2) signed by the Manning Agency
   - The employee must already be registered with PhilHealth or have PhilHealth Identification Number (PIN) to be included in the ER2
c. Copy of a valid ID and supporting documents for the declared dependent (if applicable)

For Filipinos with Dual Citizenship and other Filipinos living abroad.

a. Income-Tax Return (ITR);
b. Duly-notarized Affidavit of Income Declaration;
c. Other acceptable.

For hassle-free benefit availment, keep your PhilHealth records and contribution status updated.

PhilHealth Record

If there are changes in your information, such as adding a dependent or updating your name, follow these steps:

1. Accomplish the PhilHealth Member Registration Form (PMRF), which may be downloaded from www.philhealth.gov.ph.
2. Tick (✔) the "Updating/Amendment" box in the PMRF.
3. Email the accomplished PMRF, together with the scanned copy or clear photo of your valid ID, and other supporting documents to ofp@philhealth.gov.ph.

Submit your request through the PhilHealth Member Portal and follow the following steps:

1. Prepare a clear photo or file of your valid ID and supporting documents for the information you wish to update.
2. Open the PhilHealth Member Portal and log in.
3. Click on the three-line icon at the top of the left page, then select Amendment Request/s.
4. Rotate your mobile phone to landscape mode or enable the Desktop Site view to display the full page.
5. Update your basic information first such as your name and birthdate. Then, update your list of dependents, if necessary.
6. Proceed to the last page and upload your supporting documents.

When uploading the image or file, ensure that:

- The information is clear and legible.
- The file size must not exceed 2 MB.
- If the document consists of more than one page, combine all pages into a single file before uploading.
- The file is in JPEG (.jpg), PNG, or PDF Format

Reminder: Requests without uploaded or attached supporting documents will be cancelled.

7. Submit your request and wait for the email confirming that your request has been received and the amendments have been processed.

PhilHealth Contributions

For Overseas Filipino Workers (OFWs) classified as Direct Contributors, premium contributions are based on the member's basic monthly salary at 5% premium rate.

Premium Contributions may be paid through the following:

For Land-based OFWs:

- PhilHealth Local Health Insurance Offices (LHIOs)
- PhilHealth Accredited Collecting Agents (ACAs)

For Sea-based OFWs:

- The employer or manning agency deducts the premium contribution from the member's salary and remits it to PhilHealth.

Reminder:
Premium contributions can be paid monthly, quarterly, semi-annually, or annually to all PhilHealth accredited collecting agents. Premium contributions may be viewed through PhilHealth Member Portal or eGovPH Super App accounts.

Members may also pay their premium contributions through:

- PhilHealth Member Portal
- GCash app

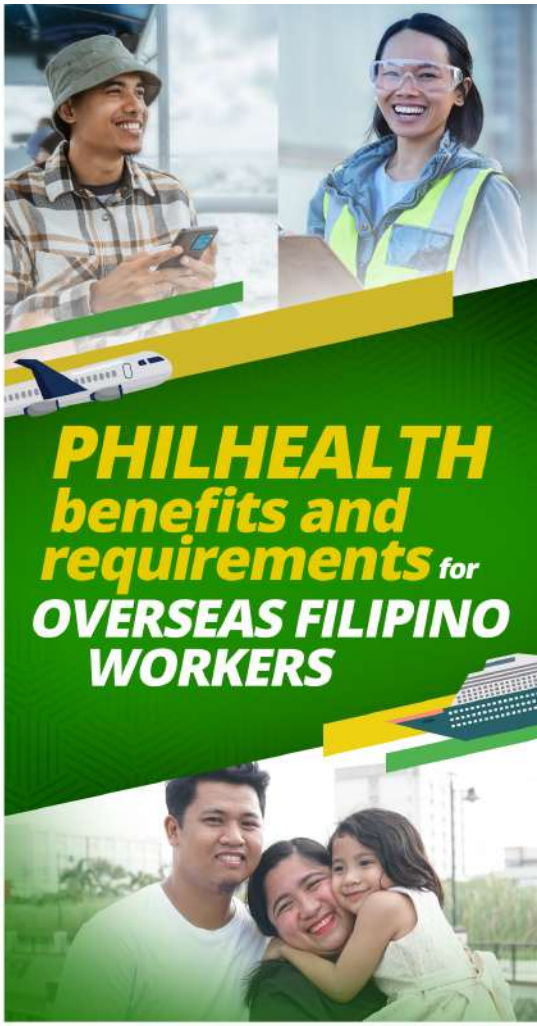
Fast and easy. Anytime. Anywhere.

PhilHealth recognizes every OFW's contribution because every premium payment helps ensure health protection for the member and dependents.

24/7 Para sa detalye, tumawag sa
(02) 8662-2588
www.philhealth.gov.ph
PhilHealthOfficial teamphilhealth
actioncenter@philhealth.gov.ph

PhilHealth Your Partner in Health
BAGONG PILIPINAS

As of August 2026



PHILHEALTH benefits and requirements for OVERSEAS FILIPINO WORKERS

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