

# Annex P: Other High-Risk Conditions of Pregnant Women

*As of September 2022*



**Republic of the Philippines**  
**PHILIPPINE HEALTH INSURANCE CORPORATION**

Citystate Centre, 709 Shaw Boulevard, Pasig City  
Call Center: (02) 8441-7442 Trunkline: (02) 8441-7444  
[www.philhealth.gov.ph](http://www.philhealth.gov.ph)



Registry No. \_\_\_\_\_

## Other High-Risk Conditions of Pregnant Women

The following are conditions that would classify a woman as high risk:

- a. Maternal age below 19 years old at the date of delivery
- b. First pregnancy in patients with age 35 years and older at the date of delivery
- c. Multiple or multifetal pregnancy e.g. twins and triplets
- d. Ovarian abnormality (e.g. ovarian cyst)
- e. Uterine abnormality (e.g. myoma uteri)
- f. Placental abnormality (e.g. placenta previa)
- g. Abnormal fetal presentation (e.g. breech)
- h. History of 3 (three) or more miscarriages/abortion
- i. History of 1 (one) stillbirth
- j. History of major obstetric and/or gynecologic operation (e.g. caesarean section, uterine myomectomy)
- k. History of medical conditions (e.g. hypertension, preeclampsia, eclampsia, heart disease, diabetes, thyroid disorder, morbid obesity, moderate to severe asthma, epilepsy, renal disease, bleeding disorder)
- l. Other risk factors that may arise during present pregnancy (e.g. premature contractions, vaginal bleeding) that warrant referral for further management

Note: The list is subject to change based on new evidence or re-interpretation of existing evidence