

Annex C: List of Essential Health Services for Post-Kidney Transplantation Services in Adults



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List of Essential Health Services for Post-Kidney Transplantation Services in Adults

A. For Kidney transplant recipients

Descriptions	Essential Health Services
1. Immunosuppressive Medications (as prescribed)	a. Calcineurin inhibitor (CNI): <ul style="list-style-type: none"> • Tacrolimus • Cyclosporine (ciclosporin) b. Anti-proliferative: <ul style="list-style-type: none"> • Mycophenolic acid (mycophenolate sodium or mycophenolate mofetil) • Azathioprine c. mTOR: <ul style="list-style-type: none"> • Everolimus • Sirolimus d. Corticosteroids: <ul style="list-style-type: none"> • Prednisone • Prednisolone
2. Antibiotic Prophylaxis (as prescribed)	As prescribed: <ul style="list-style-type: none"> a. Nystatin for 1 month only b. Valacyclovir (valaciclovir) for 3 months, or valganciclovir, if indicated c. Isoniazid (INH) for 6 months d. Cotrimoxazole for 3 months
3. Drug Level Monitoring (as prescribed)	Any of the following: <ul style="list-style-type: none"> a. Tacrolimus trough b. Cyclosporine trough or 2-hour post dose (C₂) c. Sirolimus trough d. Everolimus trough

Descriptions	Essential Health Services
4. Laboratory Tests	<p>As prescribed:</p> <ol style="list-style-type: none"> a. Complete blood count (CBC) b. Creatinine c. Sodium (Na) d. Potassium (K) e. Fasting blood sugar (FBS) f. Serum glutamic pyruvic transaminase (SGPT) g. Urinalysis h. Urine total protein creatinine ratio (UTPCR) or Urine albumin creatinine ratio (UACR) i. Lipid profile: <ul style="list-style-type: none"> • Total cholesterol • High-density lipoprotein (HDL) cholesterol • Low-density lipoprotein (LDL) cholesterol • Triglycerides <p>As indicated:</p> <ol style="list-style-type: none"> a. Albumin b. Prothrombin time (PT) c. Partial thromboplastin time (PTT) d. HbA1c
5. Procedure	Renal graft biopsy (inclusive of procedure fees and specialist fees)
6. Diagnostic Tests	<ol style="list-style-type: none"> a. Chest X-ray b. Whole abdominal ultrasound <p>As indicated: Renal graft doppler</p>

B. For Living Kidney Donor Monitoring

Descriptions	Essential Health Services
1. Laboratory Tests	<ol style="list-style-type: none"> a. Creatinine b. Urinalysis <p>As indicated:</p> <ol style="list-style-type: none"> a. Fasting blood sugar b. Random urine total protein:creatinine ratio or random urine albumin:creatinine ratio