

Annex D: List of Essential Health Services



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List of Essential Health Services for Physical Medicine, Rehabilitation Services, and Assistive Mobility Devices

Essential Health Services	
A. Assessment	
1. Initial Assessment	a. Physical Medicine and Rehabilitation Specialist/ Physiatrist b. Physical Therapist c. Occupational Therapist d. Speech and Language Pathologist (SLPs) or Speech Therapist e. Psychologist
2. Follow-up Assessment	a. Physical Medicine and Rehabilitation Specialist/ Physiatrist
3. Discharge Assessment	a. Physical Medicine and Rehabilitation Specialist/ Physiatrist b. Physical Therapist c. Occupational Therapist d. Speech and Language Pathologist (SLPs) or Speech Therapist e. Psychologist
B. Rehabilitation Services Sessions	
1. Based on functional goals: Restoration, Prevention, Maintenance	a. Physical Therapist b. Occupational Therapist c. Speech and Language Pathologist (SLPs) or Speech Therapist d. Psychologist



C. Laboratory and Diagnostic Tests (as needed)	
1. Laboratory, Diagnostics and Imaging	a. Segmental X-Ray b. Skeletal Survey c. EMG-NCV c.1 Initial 2 segments c.2 Succeeding Segments d. MSK Ultrasound e. MRI f. CT Scan g. FEES or Barium Swallow h. ECG i. 2D Echo j. Exercise Stress Test k. Pulmonary Function Test l. Urinalysis m. KUB Ultrasound n. Urodynamic Studies o. Blood Test: o.2 BUN o.2 Creatinine o.3 Sodium (Na) o.4 Potassium (K) o.5 Chloride (Cl) o.6 Fasting Blood Sugar (FBS) o.7 Complete Blood Count (CBC)
D. Drugs/Medicine (as indicated)	
1. Tab/cap	a. Gabapentin b. Diclofenac c. Tramadol d. Methylprednisolone acetate
2. Intravenous Injection	a. Bupivacaine b. Hydrocortisone acetate c. Methylprednisolone acetate d. Tramadol
E. Assistive Mobility Devices (as needed)	
1. Wheelchair	a. Basic wheelchair b. Active wheelchair c. Supportive wheelchair d. Motorized wheelchair
2. Crutches/Canes	a. Quad cane b. Single tip cane c. Crutch axillary d. Crutch triceps e. White cane
3. Walker/Rollator	a. Walker b. Rollator