



**USAID**

# COVID-19 HOME ISOLATION BENEFIT PACKAGE

## A GUIDE FOR HEALTH CARE PROVIDERS



We can help reduce the spread of COVID-19 by ensuring that mild and asymptomatic patients get the support they need during isolation. One way we can do this is by providing care to patients who have the capacity and prefer to be isolated at home.

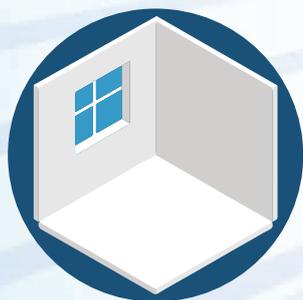
PhilHealth developed the COVID-19 Home Isolation Benefit Package (CHIBP) to encourage providers to extend monitoring and clinical support to patients recommended for home isolation, especially in surge areas where there may be limited availability of beds in isolation facilities.

## WHAT IS CHIBP?

CHIBP is a home isolation package. It is an alternative option for patients who do not want to stay in a Community Isolation Unit (CIU). Patients who meet the social and clinical criteria for home isolation may receive health support directly in their homes through the package.

## WHO CAN AVAIL THE CHIBP?

Mild and asymptomatic COVID-19 patients with positive RT-PCR results who are eligible for home isolation based on the following criteria:



Separate isolation room



Separate toilet



Good air-flow/  
ventilation



Delivery system for daily needs

When a patient has chest pain, fast or difficulty in breathing (at rest or while speaking), fast heart rate, oxygen saturation below 90%, palpitations, confusion, or altered mental status, the patient is not eligible for home isolation.

# WHAT SERVICES ARE INCLUDED?

- Home Isolation Kit
- Consultation and monitoring services including teleconsultation and supportive care
- Patient education, including the use of pulse oximeter, symptoms to watch out for, medicines needed, waste disposal and infection control, and so on.
- Referral to high level health facilities (if needed)
- Additional clinical support while waiting for admission to a health facility (if needed)

# WHAT SHOULD BE INCLUDED IN THE HOME ISOLATION KIT?

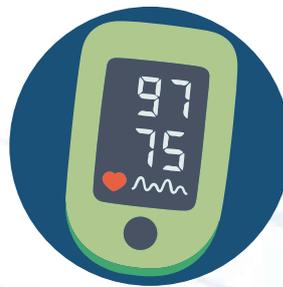
Providers are expected to give a home isolation kit containing:



1L 70% alcohol



1 thermometer



1 pulse oximeter



5 face masks



Medicines and vitamins:

18 pcs. Paracetamol

12 pcs. Lagundi tablets  
(or equivalent)

6 satchets oral rehydration salts

10 pcs. Ascorbic Acid

10 pcs. Vitamin D

2 syrup bottles or 10 pcs. of Zinc

# CONSULTATION & MONITORING SERVICES

To ensure that the patient's overall well-being is monitored, **a clear communication link between the isolated individual and the health worker should be established.**

The initial encounter to determine the patient's eligibility for home isolation shall be done through face-to-face consultation.

Staff should monitor isolated individuals through daily check-ins for at least 10 days via text, phone or video consultation.

# REFERRAL TO A HOSPITAL OR HEALTH CARE FACILITY

Advise the patient to inform your health staff if symptoms worsen.

Red flags include chest pain, fast or difficulty of breathing (at rest or while speaking), fast heart rate, palpitations, confusion or altered mental status.

**If the patient requires emergency care or hospital admission, it is the duty of the provider to help the patient seek inpatient care.**

# PATIENT & CAREGIVER EDUCATION

During home isolation, several factors must be considered to care for the patient safely and reduce transmission to household members and the community. **Providing health education to the patient and caregiver is critical.**

## Patient education should include:

- How to safely isolate
- Choosing a caregiver
- How to recognize signs and symptoms including the red flags
- How to use a pulse oximeter
- How to manage COVID-19 symptoms
- Psychosocial and economic considerations
- Infection, Prevention and Control measures including cleaning and disinfection

## HOW MUCH CAN I CLAIM FOR THE CHIBP?

The case rate for CHIBP is Php 5,917.00.

## WHAT ARE THE CLAIMS REQUIREMENTS?

**IMPORTANT!** Please ensure that all claims submitted to PhilHealth have the following attachments:

- Duly signed Claim Signature Form (CSF);
- Copy of the positive RT-PCR result;
- Duly Signed Clearance from the Assessment Checklist of Clinical and Social Criteria for COVID-19 Home Isolation Benefit Package (Annex H);
- Duly Signed Certification of COVID-19 Home Isolation Kit Issuance (Annex J) or a duly signed acknowledgement receipt;
- Signed Authorization and Consent to participate in teleconsultation (Annex K)
- Accomplished monitoring sheet signed by the home isolation team (Annex L)

# SO YOU WANT TO PROVIDE THE CHIBP?

**Any interested PhilHealth accredited facilities in surge areas can provide the package!**

These include PhilHealth accredited Community Isolation Units (CIUs), Infirmaries, Hospitals, and Konsulta providers.

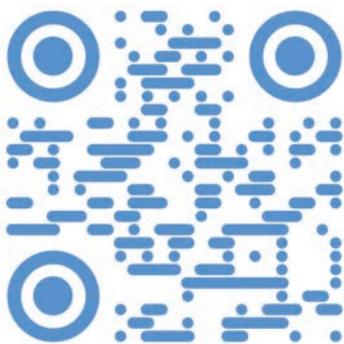
Upon approval, providers can provide the CHIBP until end of the calendar year (December 31, 2021), subject to potential renewal.

## WHAT ARE THE REQUIREMENTS TO PROVIDE THE PACKAGE?

If you are interested to provide the CHIBP in your area, please submit the following additional documentary requirements:

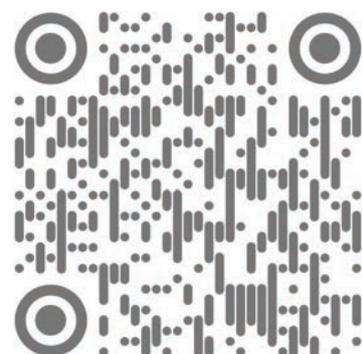
- Completely filled-out CHIBP Self-Assessment Tool with Letter of Intent (Annex A).
- Signed Performance Commitment as CHIBP provider (Annex B).
- Service Delivery Agreements (SDAs) and/or an Authorization Letter

For a more information, refer to the Home Isolation Guide for Health Care Providers:



<https://bit.ly/2UZCkSO>

For more information about requirements, please scan/go to:



[www.philhealth.gov.ph/circulars/2021/archives.php](http://www.philhealth.gov.ph/circulars/2021/archives.php)



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