

## Annex F: COVID-19 Home Isolation Benefit Package Services

Mandatory Service	Other Services
<p>a. Minimum 10-day home isolation consultations*</p> <ul style="list-style-type: none"> <li>• Physician consultation, at least twice for the duration of isolation; initial consult must be done face-to-face</li> <li>• Succeeding consultation may be done face-to-face or through teleconsultation**</li> </ul> <p>b. 24/7 daily monitoring of clinical and supportive care by a nurse may be done through teleconsultation***</p> <p>c. Provision of home isolation kit which contains: 1L 70% alcohol, 5 pieces face mask, 1 thermometer, 1 pulse oximeter, drugs and medicines (18 pieces Paracetamol, 12 pieces Lagundi tablets or equivalent, 6 sachets oral rehydration salts, 10 pieces Ascorbic Acid, 10 pieces Vitamin D and zinc), consent form (Annex K)****</p> <p>*Except in case of transfer due to deterioration or mortality and based on discharge criteria from applicable guidelines adopted by DOH.</p> <p>**In case of teleconsultation, the patient shall be required to sign a Consent Form and shall be submitted to PhilHealth as additional claim requirement. (see Annex K)</p> <p>***Teleconsultations may be done through any of the following: telephone call, cellphone or internet using Messenger, Viber, Zoom and other applications.</p> <p>****Home Isolation Kit shall be provided to the patient during initial consult.</p>	<p>a. Patient Education</p> <ul style="list-style-type: none"> <li>• How to use pulse oximeter</li> <li>• Signs and symptoms to watch out for</li> <li>• Proper doses and when to use drugs and medicines</li> <li>• Waste disposal and infection control</li> <li>• Others as needed</li> </ul> <p>b. Patient referral to a higher level facility and patient support while for transfer</p>

Based on currently acceptable guidelines and other references including:

- Department of Health (DM 2020-0512: Revised Omnibus Interim Guidelines on Prevention, Detection, Isolation, Treatment, and Reintegration Strategies for COVID-19