ANNEX J: List of Minimum Personal Information for the First Patient Encounter

A. PhilHealth Identification Number (PIN)
B. Name (Last, First, Middle, Extension)
C. Date of Birth
D. Sex (Male/Female)
E. Client Type (Member or Dependent)
F. Past Medical History
G. Family History
   - Fasting Blood Sugar/Random Blood Sugar
H. Personal and Social History
   i. Smoking
   ii. Alcohol
   iii. Illicit Drug
   iv. Sexually Active
I. Vital Signs and Anthropometrics
   i. Blood Pressure
   ii. Heart Rate
   iii. Respiratory Rate
   iv. Temperature
   v. Height
   vi. Weight
   vii. BMI

Pediatric Client (aged 0-24 months)
   i. Middle and Upper Arm Circumference
   ii. Z-Score (aged 0-60 months)