

ANNEX J: List of Minimum Personal Information for the First Patient Encounter

- A. PhilHealth Identification Number (PIN)
 - B. Name (Last, First, Middle, Extension)
 - C. Date of Birth
 - D. Sex (Male/Female)
 - E. Client Type (Member or Dependent)
 - F. Past Medical History
 - G. Family History
 - Fasting Blood Sugar/Random Blood Sugar
 - H. Personal and Social History
 - i. Smoking
 - ii. Alcohol
 - iii. Illicit Drug
 - iv. Sexually Active
 - I. Vital Signs and Anthropometrics
 - i. Blood Pressure
 - ii. Heart Rate
 - iii. Respiratory Rate
 - iv. Temperature
 - v. Height
 - vi. Weight
 - vii. BMI
- Pediatric Client (aged 0-24 months)
- i. Middle and Upper Arm Circumference
 - ii. Z-Score (aged 0-60 months)