

TAMANG SAGOT

PhilHealth Circular No. 2016-0030

Medical Detoxification Package

1. What is medical detoxification?

- It is the first stage to effective drug addiction treatment which must be implemented together with the collaborative and the concerted efforts of pertinent agencies to address the challenges of drug addiction in terms of the personal, health and societal aspects of drug rehabilitation.

2. What is the PhilHealth Medical Detoxification Package?

- This is a benefit package to ensure that the minimum standards of medical interventions are provided to clients to manage safely the acute physical symptoms of withdrawal associated with stopping drug use.
- The benefit package is applicable to clients with acute physical symptoms of use of amphetamine-type stimulants such as methamphetamine, cocaine or ecstasy or combinations of these.
- If there is a documented indication to treat a common co-morbidity associated with withdrawal symptoms arising from the substance, a case rate corresponding to the co-morbidity may also be availed of.

3. What are covered under the Medical Detoxification Package?

- Services for medical detoxification
- Co-morbidity (if applicable)
- Professional fees

4. Who are eligible to avail of the Medical Detoxification Package?

- All eligible PhilHealth members and their qualified dependents
- Clients with positive qualitative and/or quantitative urine test for methamphetamine
- Clients with current history of methamphetamine (shabu) use including other amphetamine-type stimulants such as cocaine and methylene dioxymethamphetamine (ectasy) or combination of these, with signs and symptoms of acute toxicity certified by the attending health care provider (Annex "MD.1")

5. Rules in availing the Medical Detoxification Package:

- a. In-patient services for the first stage of drug addiction treatment shall be covered under the medical detoxification package. For documented indications to treat the co-morbidity associated with withdrawal symptoms arising from amphetamine use, a corresponding medical case rate may also be availed of in addition to medical detoxification.
- b. All PhilHealth eligible members and dependents can avail of the benefit package as a one – time benefit availment.
- c. NBB policy shall be applied at all times to all indigent, sponsored, kasambahay, lifetime and senior citizen categories.

- d. Co-payment of PhilHealth members shall not exceed the package rate for medical detoxification.
- e. Applicable professional fees in ward accommodation under the no balance billing shall be 25% of the package rate.
- f. Should there be an indication for the management of co-morbidity, the professional fees prescribed in the corresponding medical case rates shall be added to the total professional fees.
- g. Rules on pooling of professional fees for government facilities apply.
- h. Accredited health care institutions (HCIs) providing the services for medical detoxification shall be monitored through the HCP PAS.
- i. Specific policy and guidelines for accrediting Department of Health (DOH) licensed/certified Drug Abuse Treatment and Rehabilitation Centers shall be disseminated in a separate issuance.

6. How much is the package rate?

- a. PHP 10,000 for medical detoxification
- b. If with co-morbidity: PHP 10,000 medical detoxification package + case rate corresponding to the co-morbidity

7. Where can patients avail of the medical detoxification package?

All Accredited Levels 1, 2, and 3 government hospitals and Drug Abuse Treatment & Rehabilitation Centers licensed/certified by the DOH and to be accredited by PhilHealth

8. What are the mandatory services and other services for medical detoxification:

	Mandatory services	Other services
Screening	Physical examination Mental status examination Neurological examination	
Diagnostics	Urine qualitative or quantitative test for methamphetamine or amphetamine-type stimulants Alanine aminotransferase (ALT) (baseline) Aspartate aminotransferase (AST) (baseline) Complete blood count Fasting blood sugar or random blood sugar, Urine pH, Serum Na, K, Cl Creatinine BUN CPK-MM or (CK total –CK MB) ECG Chest X-ray	
Medicines	D ₅ 0.9. NaCl (adult) or D ₅ 0.3 NaCl (pedia)	As indicated only: Activated charcoal Sodium sulfate Vitamin B complex Benzodiazepine Antipsychotic medicines D50-50 Acidification therapy

	Mandatory services	Other services
		with ascorbic acid

9. Table for Signs and Symptoms of Acute Toxicity with Amphetamine Type Stimulant

1. Symptoms

<ul style="list-style-type: none"> • Nausea • Vomiting • Diarrhea • Behavioral Changes • Hyperpyrexia • Hypertension • Signs of circulatory collapse • Arrhythmias 	<ul style="list-style-type: none"> • Dilated pupils • Pallor or flushing • Tremor Headache • Excessive sweating • Delirium • Mental status exam <ul style="list-style-type: none"> ○ Hallucinations ○ Paranoid ideations ○ Panic states
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2. Hyperactivity Rating Scale for Amphetamine Overdose

1+	<ul style="list-style-type: none"> • Restlessness • Irritability • Insomnia • Tremor • Hyperreflexia • Diaphoresis • Mydriasis • Flushing
2+	<ul style="list-style-type: none"> • Hyperactivity • Confusion • Hypertension • Tachypnea • Extrasystoles • Mild fever • Sweating
3+	<ul style="list-style-type: none"> • Delirium • Mania • Self-injury • Marked hypertension • Tachypnea • Arrhythmias • Hyperpyrexia
4+	<ul style="list-style-type: none"> • Above symptoms plus: • Convulsions • Coma • Circulatory collapse • Death

10. What are the rules when filing claims?

- a. The accredited HCI shall file claims according to existing policies of PhilHealth.

- b. All claims shall be filed by the providers in behalf of the clients. There shall be no direct filing by PhilHealth members.
- c. The package code is MD01.
- d. A documented co-morbidity associated with withdrawal symptoms during drug treatment may be filed as an additional claim (Annex “MD.2”) to the medical detoxification.

Example:

Claim application	Code	Amount (PHP)	Filing schedule
Medical Detoxification	MD01	10,000.00	Within 60 calendar days after discharge from accredited HCI
Co morbidity	ICD 10	Applicable case rate	

- For all intents and purposes, there may or may not be an associated co-morbidity among clients undergoing medical detoxification. There can be only one (1) major co-morbidity can be filed in addition to medical detoxification package.
- e. Filing of claims shall be within 60 calendar days after discharge from the accredited HCI
 - f. The benefit is given as a single tranche payment only.
 - g. Attachments to the claim documents are:
 - Claim Form 1 or PBEF print out
 - Properly accomplished Claim Form 2
 - Checklist of mandatory services (Annex “MD.3”)
 - Detoxification Treatment Plan (Annex “MD.4”)
 - Photocopy of Accomplish Satisfaction Questionnaire (Annex “MD.5”)
 - Checklist of requirements for reimbursement (Annex “MD.6”)
11. **List of signs and symptoms of acute toxicity (Annex “MD.1”) and results of diagnostic and laboratory test are NOT required** as attachments to the claim. However, these should be attached to the patient’s chart and shall be checked during the monitoring.
 12. **Satisfaction Questionnaire** shall be administered prior to discharge from HCI.
 13. **Rules in late filing shall apply.** If the delay of filing of claims is due to natural calamities or fortuitous events, the accredited HCI shall be accorded an extension of 60 calendar days
 14. A **policy review** shall be conducted in collaboration with relevant stakeholders, experts and technical staff representatives from the Corporation.
 15. **When is the Effectivity Date?**
This Circular shall take effect for admissions 15 calendar days after its publication in a newspaper of national circulation. (END)